[wherein M represents a hydrogen atom, a metal element, a metal oxide, a metal hydroxide or a metal halide,  $R_1$  to  $R_4$  each independently represents  $-SO_2Z$ , and Z represents a substituted or unsubstituted alkyl group, a substituted or unsubstituted or unsubstituted or unsubstituted or unsubstituted alkenyl group, a substituted or unsubstituted aralkyl group, a substituted or unsubstituted aralkyl group, a substituted or unsubstituted aryl group or a substituted or unsubstituted heterocyclic group, provided that at least one of four Z's has an ionic hydrophilic group as a substituent].